



# Safe Prescribing and Opioid Stewardship

BEST PRACTICES FOR HEALTH SYSTEMS

September 25, 2023

A blurred background image showing a doctor in a white coat using a stethoscope to examine a young child. A woman, presumably the parent, is looking on with a smile. The scene is brightly lit, suggesting a clinical or hospital setting.

# AGENDA

1. Introduction
2. Opioid Stewardship at UNC Health
3. Opioid Stewardship at Prisma Health
4. Discussion and Q&A
5. CaroNova Opioid Resource Library and Technical Assistance

# WEBINAR OBJECTIVES

1

Learn health system opioid stewardship best practices.

2

Learn about Standard Opioid Prescribing Schedules and how to effectively implement them in your hospital/health system.

3

Hear from Prisma Health and UNC Health about their opioid stewardship successes and lessons learned and engage in Q&A.

4

Find out where to access additional opioid stewardship resources and support through CaroNova's Online Library for Opioid Stewardship.

# What is CaroNova?

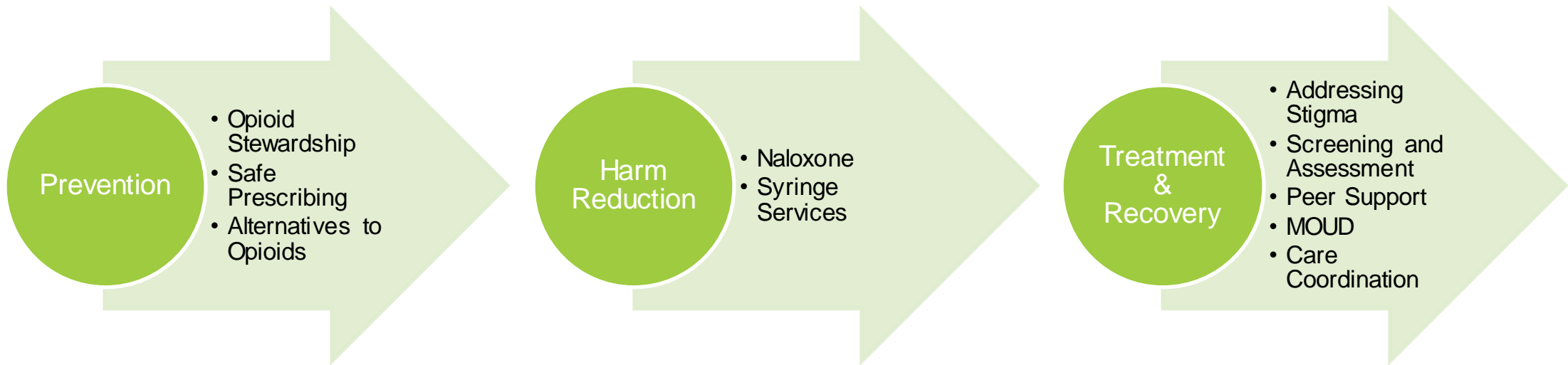
CaroNova is multidisciplinary, bi-state team of healthcare professionals and strategists. Operationally supported by three partner organizations that include The Duke Endowment, the South Carolina Hospital Association, and the North Carolina Healthcare Association, CaroNova acts as an autonomous team that serves the common needs of North and South Carolina.



## Opioid Stewardship Goals

- Advance **alternatives to opioids**
- Accelerate **adoption of best practices**
- Improve **care continuity and coordination** among hospitals and community partners as part of a communitywide, patient-centric system of care.

# OPIOID RESOURCE LIBRARY TOOLS



Website:

<https://opioidlibrary.caronova.org>

# WHAT IS "OPIOID STEWARDSHIP"?

The judicious prescribing and disposal of opioids within an institution by identifying, reducing, and managing opioid misuse and their resultant unwanted outcomes among the patients. - American Hospital Association

A series of strategies and interventions involving the appropriate procurement, storage, prescribing and use of opioids, as well as the disposal of unused opioids when opioids are appropriately prescribed for the treatment and management of specific medical conditions. The goal of opioid stewardship is to protect and optimize individual and population health. Specifically, the goals are to ensure the rational use of opioids: meeting the needs of individuals who require pain control, while minimizing harms to the individual and to other persons and populations. These harms include those that may arise from opioid overuse, misuse and diversion. - World Health Organization

2022

## CDC Clinical Practice Guideline for Prescribing Opioids for Pain

Recommendations grouped into four areas:

1. Determining whether or not to initiate opioids for pain
2. Selecting opioids and determining opioid dosages
3. Deciding duration of initial opioid prescription and conducting follow-up
4. Assessing risk and addressing potential harms of opioid use



# PRESENTERS

- **Constanza Bacon** | Opioid Stewardship Program Project Management Lead, Care Redesign Leader, Care Redesign, UNC Health
- **Brooke Chidgey, MD** | Associate Professor of Anesthesiology; Division Chief of Pain Medicine; Medical Director of UNC Pain Management Center, University of North Carolina at Chapel Hill
- **Douglas L Furmanek, PharmD BCCCP** | Executive Director, Acute Care Pharmacy Operations, Prisma Health; Director, Greenville Hospital System Pharmacy Services and Upstate Clinical Services, Prisma Health
- **Kevin B. Walker, MD FASA** | Medical Director, Division of Pain Management, Prisma Health Upstate

**OPIOID STEWARDSHIP  
LIBRARY DEMO & TECHNICAL  
ASSISTANCE OVERVIEW**



CaroNova